



I want to share with you a personal experience which speaks of the power of worship and how God uses worship to minister to us.

A few of weeks ago, I felt anxiety begin to creep in. I was not completely gripped by fear but it was an underlying uneasiness that was enough to keep me up at night. I was spending a fair amount of time reading the news and articles on social media around the Coronavirus situation. The more I heard and read, the more this feeling grew within me.

The decision was made to stop meeting as a congregation and so I began to prepare the first playlist for our church online. I remember I started playing worship music as I was cooking dinner one night and as I worshipped, the heaviness I had been carrying lifted. It was instant and even more than that, the fear that had insidiously crept into my heart was replaced with an overwhelming joy that felt like it was bubbling up within me. I just couldn't stop smiling and praising God! From then on, I have had peace and confidence during this uncertain time. Has fear attempted to get me again? Yes sure it has! But I remember now to move my focus back on to worshipping our Awesome God before it takes hold.

I want to encourage you to really press in and use this playlist to claim God's promises, worship him in spirit and in truth and allow the Holy Spirit to minister to you.

"Prophesy Your Promise" is the song that I have felt particularly lead to include this week so turn the volume up, listen to the lyrics and allow the Lord to do the rest.

Happy Worshipping!!

**Much Love,
Jess xxx**

[CLICK FOR THE WORSHIP PLAYLIST](#)
